

HALLOWEEN

Terror off the Trail

1 MILE RUN

SERGEANT BLUFF, IA - OCT 21, 2017

WHEN:

Saturday , October 21, 2017
5:30pm– Packet Pick Up & Late Registration

1 Mile Start Times:

6:00pm– K-2nd Grades
6:30pm- 3rd-5th Grades
7:00pm– 6th-8th Grades

WHERE:

Sergeant Bluff Recreation Complex
910 Topaz Dr.
Sergeant Bluff, IA 51054

1 Mile TOP FINISHERS

GRADE PRIZE– the grade with the most registered participants will win a pizza party for their grade.

INDIVIDUAL PRIZES: Prizes will be awarded to the 1st, 2nd & 3rd place finishers of the course in their group.

YOU MAY NOT MAKE IT OUT ALIVE

COSTS

Entries postmarked by Oct 12, 2017:
 \$5.00– 1 Mile Run/Walk
 Entries postmarked after Oct 12, 2017:
 \$10.00– 1 Mile Run/Walk

1Mile COURSE

The Halloween Mile Zombie/Obstacle Run/Walk course will be laid out throughout the Sergeant Bluff Recreation Complex with obstacles you can't avoid and zombies you'll want to.

RACE DAY REGISTRATION ALLOWED BUT ONLY TILL WE RUN OUT OF FLAG SETS

Make checks payable to:
Sergeant Bluff Community Action Team
Mail completed application to:
City of Sergeant Bluff
401 4th St- PO Box 703
Sergeant Bluff, IA 51054

FOR MORE INFORMATION CALL

Brent Brown– 712-943-5800
 Race Director-1 Mile Run/Walk
Brent@cityofsergeantbluff.com

All proceeds from this event will go to the Community Action Team for improvements to community projects.

Visit us:

www.cityofsergeantbluff.com

This program is neither supported by nor endorsed by SBL Community School District

2017 HALLOWEEN 1 Mile Run

Name _____ Male or Female _____ GRADE _____
 (CIRCLE ONE)

Mailing Address: _____ City & State _____ Zip _____

Phone _____ E-Mail Address: _____

RELEASE OF LIABILITY

I know that running or walking in a road race is potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I further agree not to run with any earphone headsets on. I understand that insurance regulations prohibit wheeled vehicles, excluding wheelchairs, but including bicycles, skateboards etc. I assume all risks associated with running or walking in the event included, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the condition of the road, all such risks being known and appreciated by me. I understand that the organizers and sponsors of this activity are not liable for any injury resulting from my participation. Having read this waiver and knowing these facts and in consideration of my voluntary participation, I, for myself, and anyone acting on my behalf, waive and release the City of Sergeant Bluff, Sergeant Bluff Community Action Team and all sponsors, representatives, or others involved, for any and all present and future claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of ordinary negligence or carelessness on the part of the City or any of its employees, the Sergeant Bluff Community Action Team and all sponsors, representatives or others involved. I further agree not to sue and will hold harmless the organizers and sponsors of this activity. This release is intended to be as broad and inclusive as the laws of the State of Iowa permit. Any dispute arising from this agreement or my participation shall be brought in Woodbury County, Iowa. If any portion of this release is held invalid, the remaining terms shall not be affected. **CAUTION: THIS IS A RELEASE -- READ BEFORE SIGNING!**

Signature _____ Date _____
 Parent's signature _____ Date _____
 *Required if participant is under 18 years of age
Make checks payable to: Community Action Team, 401 4th St-PO Box 703, Sergeant Bluff, IA 51054

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SPONSORED BY:

**SERGEANT BLUFF
COMMUNITY ACTION TEAM
& MAYORS YOUTH
COMMISSION**

OCTOBER 21, 2017

5:30PM- REGISTRATION

6:00PM- K-2nd GRADE RUN STARTS

6:30PM- 3rd-5th GRADE RUN STARTS

7:00PM- 6th-8th GRADE RUN STARTS

Halloween 1 Mile Run
Community Action Team
401 4th Street- PO Box 703
Sergeant Bluff, IA 51054